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Values



FOR AGES 4-7

TEACHING GUIDE

INTRODUCTION

When teaching children about values, you can begin by asking them the following questions: How can you tell if something is truly important to you? What do you value at home? What is most important to you in life and why?

Values are the things that are important to you in everything you do, whether it is work, school, or play. Knowing your values helps you make better life decisions.

For example, you can explain to children what is important to you, such as to be on time, to treat others with respect, to work hard, and to spend time with your loved ones.

As a final step, explain to children that they will be able to make an important decision based on their personal values. They have one minute to select one person and one object to take with them on a camping trip. After a few minutes, ask them who and what they decided to take with them on their trip and why.



GOALS

- Define values.
- Discuss importance of values.
- Explain how values are formed.

ESSENTIAL QUESTIONS

- What is important to you?
- Who are special people in your life?
- What motivates you?
- How do you spend your free time?

TIME

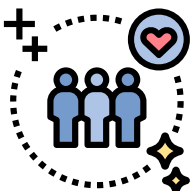
- 45-60 minutes

VOCABULARY

- family
- friends
- fun
- hopes
- hobbies
- love
- money
- respect
- responsibility
- work

ACTIVITIES

- "Personal Values"
- "Actionable Values"



LET'S WATCH

The use of video with visuals and sound helps make abstract concepts more concrete. Children can better connect with new concepts.

Wellbeing For Children: Identity And Values
<https://youtu.be/om3INBWfoxY>

Values to Teach your Child
<https://www.youtube.com/watch?v=BTQdzNJ4aXc>



LET'S TALK

Children should be made aware of the following:

- They are one-of-a-kind and there is no one like them in the world.
- Their values are based on their personal experiences, likes, and dislikes.
- They are part of a family with shared values.



LET'S DO

Describe the "Values" activity to children. They will choose five of the most important values that represent who they are and what they believe.

Children will then complete the "Actionable Values" activity. They will identify the three main values that are most important to them. These values will be the basis for the Out-Loud Family Sayings in the next lesson.

Expand concepts and provide assistance to children as needed.

CLOSURE

To wrap up the lesson, it is important to stress that each person's values are unique. Values represents what a person holds in high importance. Values impact how people see the world and they impact people's decisions and actions. Children can share what are some values that make up who they are.

Personal Values

Directions: Circle the top five values that are most important to you.



Share



**Listen
carefully**



**Love and respect
others**



**Be ready
to learn**



Be friendly



Work hard



Cooperate



Be kind to others



Be a team-player



**Keep
room tidy**

Actionable Values

Directions: Write your answer on the line and draw it.

What are the three most important
actionable values in my life?

