

# 3

## Family Values FOR AGES 4-7



## TEACHING GUIDE

### INTRODUCTION

Children learned in the last two lessons about the importance of routines in their lives, especially in self-care and household tasks. In addition, they discovered how and why values are formed, as well as who and what influences them.

In this lesson, children will explore family values. Family values are the foundation of family sayings.

Out-loud Family Sayings are kid-friendly, powerful statements that motivate children to think and act positively. Reciting these sayings regularly helps children internalize the messages and apply them in their lives.

Out-loud Family Sayings and related actions have long-term positive effects on children.

### LET'S WATCH

These videos provide students with an opportunity to learn about family values through a short story.

Several examples of Out-Loud Family Sayings, similar to positive affirmations, are also provided to show how these expressions may sound.

Educational Story about Family Values

<https://www.youtube.com/watch?v=1I5mghqYmQ>

Positive Affirmations- Repeat after me!

<https://www.youtube.com/watch?v=gtR8JWaUBu8>

### LET'S TALK

Following the videos, discuss with children that Out-Loud Family Sayings:

- have a lot of energy and action behind them.
- help unite the family under shared values, sayings, and actions.

### LET'S DO

Explain to the children that they will do the activity "Creating & Using Out-loud Family Sayings." Children will reflect who is part of their family, what their family values are, as well as when Out-loud Family Sayings will be used and where.

Next, children will complete the "Our Out-loud Family Sayings" with assistance as needed.

At the end of the lesson, the students will have their own Family Sayings.

### CLOSURE

To conclude this lesson, briefly review how personal values, family values, and Out-Loud Family Sayings are all connected. Ask for children to volunteer sharing their family sayings.

### GOALS

- Define family values.
- Discuss importance of Out-Loud Family Sayings.
- Explain how to create and use Out-Loud Family Sayings.

### ESSENTIAL QUESTIONS

- What are family values?
- What are Out-Loud Family Sayings?
- Why are Out-Loud Family Sayings Important?
- How do you create and use Out-Loud Family Sayings?

### TIME

- 45-60 minutes

### VOCABULARY

- excited
- family
- motivate
- out-loud
- recite
- remember
- responsibility
- sayings
- special
- values

### ACTIVITIES

- "Creating & Using Out-loud Family Sayings"
- "Our Out-loud Family Sayings"



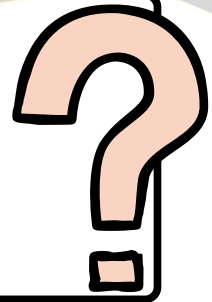
# FAMILY



# CREATING & USING OUTLOUD FAMILY SAYINGS



**1 WHO:** Who are your family members?



**2 WHAT:** What are you family values?

a.

b.

c.

**3 WHEN:** When will your family use Outloud Family Sayings?



**4 WHERE:** Where will your family use and post Outloud Family Sayings?



# OUR OUT-LOUD FAMILY SAYINGS

Directions: Write your Out-loud Family Sayings below.

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2

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3

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